



# Seed Library

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## Growing Instructions

### Lettuce – Red Cross

#### **CULTURE:**

Lettuce is a hardy, cool-weather crop and can be planted with your earliest worked soil. Sow every 2–3 weeks for a continuous supply of either full heads or salad mix.

#### **DIRECT SEEDING:**

Seeds can germinate well in soils as low as 40°F (4°C) but often poorly above 75°F (24°C). Sow 4–6 seeds/inch in rows at least 2” apart. Cover lightly to 1/8” and firm gently. Dry soil must be watered to ensure coolness and moisture for uniform germination.

#### **HARVEST:**

**Head Lettuce:** Cut at base, keeping wrapper leaves for handling loss. Consider cutting alternating plants to extend harvest window, allowing remaining plants to continue to grow. Pack heads in layers facing cut ends away. Wash off sap and cool immediately to prevent staining and dehydration.  
**Baby Leaf:** Harvest about 1” above the growing point when leaves reach desired harvestable length, about 3–4” long. Remove harvest debris to improve regrowth quality.

For more information about Seed Library, visit [phoenixpubliclibrary.org](http://phoenixpubliclibrary.org) or call 602-262-4636 (for TTY dial 7-1-1).